

# MONROVIA PREPARES



# DISASTER SUPPLY CATALOG

## RECOMMENDED EMERGENCY KIT

### Educational Programs Offered

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- Community level seminars
- Neighborhood outreach seminars
- Business owner seminars
- Specialty sessions

### Emergency Preparedness Kits

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- Car mini-kit - \$8.50 per unit
- Basic Emergency Backpack (One Person) - \$69.00 per unit
- Basic Emergency Backpack (Two Person) - \$99.00 per unit
- Executive Backpack - \$110.00 per unit
- Family Emergency Kit (Four Person) - \$400 per unit

## WHERE TO PURCHASE SUPPLIES

### Earthquake Solutions

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**Web:** [www.earthquakesolutions.com](http://www.earthquakesolutions.com)  
**Phone:** 626-795-4000  
**Email:** [earthquakesolutions@earthlink.net](mailto:earthquakesolutions@earthlink.net)

#### **4 – Person Deluxe Emergency Kit**

**\$160.00**

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##### *Food and Water*

- |                               |                                 |
|-------------------------------|---------------------------------|
| 4 Food bar, 3600 cal. ea.     | 1 Folding stove w/ fuel         |
| 50 Water purification tablets | 72 Water pouches, 4.227 oz. ea. |

##### *First Aid Kit*

- |                          |                            |                                |
|--------------------------|----------------------------|--------------------------------|
| 1 First Aid manual       | 3 Butterfly wound closures | 6 Antibiotic ointment          |
| 6 Aspirin tablets*       | 10 Cotton tip applicators  | 14 Alcohol wipes               |
| 12 Gauze pads, assorted  | 1 Burn relief pack         | 2 First aid tape rolls         |
| 1 Trauma pad, 5" x 9"    | 2 Finger splints           | 196 Adhesive bandages, assort. |
| 1 Thermometer            | 6 Non-Aspirin              | 3 Moleskin squares             |
| 1 Tweezer                | 6 Ibuprofen tablets        | 3 Sting relief pads            |
| 15 Antiseptic towelettes | 1 Gauze roll               | 2 Burn/first aid cream         |
| 1 Ice pack*              | 1 Sterile eye pad          | 1 Emergency blanket            |
| 2 Vinyl exam gloves      | 1 Scissor                  |                                |

##### *Lighting and Electrical Supplies*

- |                          |                           |
|--------------------------|---------------------------|
| 1 Flashlight w/batteries | 1 AM/FM radio w/batteries |
| 1 Box waterproof matches | 8 12-Hour light sticks    |

##### *Sanitation and Comfort Supplies*

- |                             |                                   |
|-----------------------------|-----------------------------------|
| 4 Personal tissue packs     | 4 Emergency blankets              |
| 24 Pre-moistened towelettes | 12 Hazardous waste bags           |
| 4 Toothbrushes              | 4 Bar soap, 1.25 oz.              |
| 4 Toothpaste*               | 1 Antiseptic hand sanitizer 4 oz. |
| 1 Toilet paper              |                                   |

##### *Search and Rescue Supplies*

- |                              |                       |
|------------------------------|-----------------------|
| 2 pair Leather palmed gloves | 1 Gas shut-off wrench |
| 4 Rain ponchos               | 1 15" pry bar         |
| 1 Utility knife              | 1 Whistle             |
| 1 Duct tape                  |                       |

## EMERGENCY SUPPLIES

### N95 Flat Fold Particulate Respirators 12.99

20 Pack – NIOSH approved. 95% efficient against solid and liquid particles.

### 3-Way Can Opener 2.99

Pierces and opens cans and bottle

### Screwdriver – 6-in-1 6.49

Contents: 2 Phillips #1 & #2; 2 Slotted  $\frac{3}{16}$ " &  $\frac{1}{4}$ " and 2 Nut Drivers  $\frac{1}{4}$ " &  $\frac{5}{16}$ "

### Groove Joint Plier 7.99

10 inch extra heavy non-slip tongue with insulated vinyl grips

### Long Handle Shovel - Round Point 10.97

47 inch handle

### Powermate 5000 generator 799.00

6.5 gallon gas tank that runs 11 hours at 50% load. Outlets 2- 120V 5- 20R duplex outlets, 1 120/240 L14-30RV and 1 -12V DC battery charger outlet. Weight 191 lbs.

## OFFICE SUPPLIES

### Basic One-Person 8.00

- 1 food bar - 2,400 calories
- 6 water pouches - 4,227 oz. each
- 1 emergency blanket

### Small Office (25 Person) 598.00

#### *Food and Water*

- 25 food bars – 2,400 calories each
- 216 water pouches – 4,227 oz. each
- 50 water purification tablets

#### *First Aid Kit*

- |    |                              |     |                                       |
|----|------------------------------|-----|---------------------------------------|
| 1  | first aid guide              | 35  | antiseptic wipes                      |
| 50 | non-aspirin                  | 35  | alcohol wipes                         |
| 24 | antacid tablets              | 2   | cold packs                            |
| 10 | tongue depressors            | 2   | cloth tape                            |
| 15 | sterile gauze pads – 3" x 3" | 5   | pair vinyl gloves                     |
| 20 | gauze pads – 4" x 4"         | 10  | Steri Strips                          |
| 2  | sterile ABD pads – 5" x 9"   | 15  | extra-large bandages                  |
| 4  | gauze rolls                  | 100 | large bandages – $\frac{3}{4}$ " x 3" |

1	eye wash	2	elastic bandages
1	EMT shears	3	triangular bandages
1	metal tweezer	2	cardboard arm splints
20	antibiotic ointment		

*Lighting and Electrical Supplies*

5	flashlights with batteries	10	12-hour light sticks
1	radio/flashlight with batteries	5	30-minute light sticks
1	LED lantern		

*Sanitation and Comfort Supplies*

4	toilet paper rolls	30	waste bags – 10 gallons
25	emergency blankets	6	waste bags – 40 gallons
100	pre-moistened towelettes		

*Search and Rescue Supplies*

5	pair leather palm gloves	1	30” pry bar
4	goggles	1	folding pick/shovel
2	utility knives	25	dust masks
1	duct tape	1	rope
1	lock grip plier	5	whistles

**Large Office**

**1549.00**

*Food and Water*

100	food bars – 2,400 calories each
648	water pouches – 4.227 oz. each
50	water purification tablets

*First Aid Kit*

4	first aid guide	35	antiseptic wipes
50	non-aspirin	35	alcohol wipes
24	antacid tablets	2	cold packs
10	tongue depressors	2	cold cloth tapes
15	sterile gauze pads – 3” x 3”	5	pair latex gloves
20	gauze pads – 4” x 4”	10	Steri Strips
2	sterile ABD pads – 5” x 9”	15	extra-large bandages
4	gauze rolls	100	bandages – ¾” x 3”
1	eye wash	2	elastic bandages
1	EMT shears	3	triangular bandages
1	metal tweezer	2	cardboard arm splints
20	antibiotic ointment		

*Lighting and Electrical Supplies*

10	flashlights with batteries	30	12-hour light sticks
2	radios/flashlights with batteries	10	30-minute light sticks
1	LED lantern		

*Sanitation and Comfort Supplies*

10	toilet paper rolls	100	waste bags – 10 gallons
100	emergency blankets	10	waste bags – 40 gallons
300	pre-moistened towelettes		

*Search and Rescue Supplies*

20	pair leather palm gloves	2	30" pry bars
10	goggles	1	folding pic/shovel
2	utility knives	100	dust masks
2	duct tape	2	rope
1	lock grip plier	10	whistles

**FOOD**

**Two-Day** **39.00**

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Contains 6 total pouches/15 total servings:

- 2 - Breakfast Skillet. Each pouch makes two 1-cup servings.
- 2 - Spaghetti with Meat Sauce. Each Pouch makes 2.5 1-cup servings
- 2 - Rice & Chicken. Each pouch makes three 1-cup servings

**Four-Day** **79.00**

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Contains 12 total pouches/28 total servings:

- 2 - Breakfast Skillet. Each pouch makes 2 1-cup servings.
- 2 - Granola with Milk & Blueberries. Each pouch makes 2 ½-cup servings.
- 2 - Beef Stew. Each pouch makes 2.5 1-cup servings.
- 2 - Lasagna with Meat Sauce. Each pouch makes 2.5 1 ¼-cup servings.
- 2 - Noodles & Chicken. Each pouch makes 2.5 1-cup servings.
- 2 - Italian Style Pepper Steak with Rice & Tomatoes. Each pouch makes 2.5 1-cup servings.

**30-Day Four-Person****1035.00**

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1 month food supply for 4 people. Up to 25-year shelf life. No. 1 brand of freeze dried food since 1963. 41 Mountain House #10 cans in easy to store cases. Includes 31 servings of Breakfast per person, 62 servings of Lunch or Dinner Meals per person, and 48 servings of vegetables for each person. Total number of servings: Breakfast - 126 servings; Lunch & Dinner - 254 servings; Vegetables - 192 servings.

Includes:

- 3 - Granola with Blueberries & Milk
- 2 - Scrambled Eggs with Bacon
- 2 - Scrambled Eggs with Ham
- 2 - Noodles & Chicken
- 4 - Chicken & Rice
- 2 - Vegetable Stew with Beef
- 2 - Beef Stroganoff
- 2 - Spaghetti with Meat Sauce
- 2 - Chicken ala King
- 2 - Chili Mac with Beef
- 2 - Lasagna with Meat Sauce
- 2 - Beef Stew
- 2 - Macaroni & Cheese
- 2 - Pasta Primavera
- 2 - Long Grain Wild Rice with Mushrooms
- 3 - Sweet Corn
- 3 - Green Peas
- 3 - Green Beans

## WHERE TO PURCHASE SUPPLIES

### SOS Survival Products

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- Web:** [www.sosproducts.com](http://www.sosproducts.com)  
**Phone:** 1-800-479-7998  
**E-mail:** [orders@sosproducts.com](mailto:orders@sosproducts.com)  
**Fax:** 1-818-909-0360

**Store & Phone Order Hours**

8:00 am to 5:00 pm - Monday to Friday  
8:00 am to 4:00 pm - Saturday